



ALLERGEN MENU

This menu lists which allergens are contained in each of our dishes and also whether dishes are suitable for vegans or vegetarians. We work closely with our suppliers and chefs to ensure that our information is as up to date as possible. However we ask that you inform your waiter before ordering if you have any allergies to ensure that your requirements are met.

Sometimes we change our recipes so please check back to this menu to ensure you have the most up to date information available.

Whilst we take every care with your meal we cannot guarantee a 100% allergen free environment nor can we guarantee against any processes used by our suppliers or products, as our dishes are prepared in areas where other allergens are present.

VERY IMPORTANT NOTES

Our food is cooked in vegetable oil produced from genetically modified soya. Our stock which is used in most sauces, is made from bouillon which contains celery & soya

Coeliacs: All dishes are prepared in the same kitchen with risk of gluten exposure, so we do not recommend any dishes for customers with coeliac disease. We ask that customers with gluten sensitivity should exercise judgment before ordering.

Vegetarians: We use Gran Moravia parmesan which is suitable for vegetarians & is naturally lactose free. All other cheeses may use animal enzymes in production & so may not be suitable for all vegetarians. Please note that any deep-fried dishes may be cooked in the same fryer as fish products.

ALLERGENS														
	VEGETARIAN OR VEGAN	CEREALS CONTAINING GLUTEN	CRUSTACEANS	EGG	FISH	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUT	SESAME	SOYA	SULPHITES	CELERY
STARTERS														
PIZZA GARLIC BREAD	VG	✓												
PGB CHEESE	V	✓				✓								
PGB TOMATO	VG	✓												
PGB SPECIAL	V	✓				✓							✓	
BRUSCHETTA	V	✓												
OLIVES & SD TOM'S	V													
ANTIPASTO						✓								
GAMBERONI AGLIO		✓	✓		✓	✓							✓	
GAMBERONI TEMPURA		✓	✓											
MUSSELS TOMATO		✓			✓									
MUSSELS CREAM		✓			✓								✓	
CALAMARI		✓		✓		✓	✓	✓						
POLPETTE		✓				✓								
SANGUINACCIO		✓				✓								
PATE		✓				✓								
CROSTINI FUNGHI	V	✓				✓							✓	
CAPRESE INSALATA	V					✓								
POTATO SKINS	VG	✓		✓										

ALLERGENS															
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STARTERS															
CESARE SALAD															
GOATS CHEESE SALAD															
NIZZARDA SALAD															
PASTA & GNOCCHI															
PENNE															
SPAGHETTI															
TAGLIATELLE															
HOMEMADE LINGUINI															
GLUTEN FREE PASTA															
GNOCCHI															
GAMBERONI SAUCE															
SALMONE SAUCE															
SCOGLIO SAUCE															
BOLOGNESE SAUCE															
CARBONARA SAUCE															
FRANCESCA SAUCE															
POLPETTE SAUCE															

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PASTA & GNOCCHI														
ROMA SAUCE							✓							
NATALIE SAUCE							✓			✓				
VONGOLE SAUCE					✓	✓	✓							
AMATRICIANA SAUCE														
LUCA SAUCE	VG											✓		✓
ARRABIATA SAUCE	VG											✓		✓
GENOVESE SAUCE	V					✓			✓			✓		✓
NAPOLI SAUCE	VG											✓		✓
PANZAROTTI AL FORNO	V	✓		✓		✓								
LASAGNA AL FORNO		✓		✓		✓						✓		✓
PENNE AL FORNO		✓		✓		✓						✓		✓
CANELLONI AL FORNO		✓		✓		✓						✓		✓
CALABRESE AL FORNO	V	✓				✓					✓			✓
NOVARA SAUCE	V					✓								

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PIZZAS * TOPPINGS ONLY														
HOMEMADE BASE	VG	✓												
GLUTEN FREE BASE	VG													
QUATTRO STAGIONI *							✓							
NAPOLI *						✓	✓							
INFERNO *							✓							
BOSHETTO *							✓							✓
KIEV *							✓							
HAWAII *							✓							
CAPRICIOSA PICANTE*							✓							
PARMA *							✓							✓
CARNIVORE *		✓		✓		✓								
BRESAOLA*							✓							✓
CALZONE		✓					✓							
MILANO*							✓							
MONZA *	V						✓							
QUATTRO FORMAGGI *	V						✓							
VEGETARIANA *	V						✓							
BUFFALO *	V						✓							
MARGERITA *	V						✓							

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RISOTTO														
GAMBERONI			✓		✓	✓								
PESCATORA			✓		✓	✓	✓							
GABRIELLA						✓								
FUNGHI	✓					✓						✓		✓
PIEMONTESE						✓						✓		✓
VEGETERIANA	✓					✓						✓		✓
CARNE E PESCE														
PEPE VERDE SAUCE						✓								
DIANE SAUCE						✓							✓	
NOVARA SAUCE	✓					✓								
FILLET SURF AND TURF			✓			✓							✓	
STEAK FRITES						✓								
POLLO DEVRA						✓			✓					
SALMONE PORTOFINO						✓							✓	
SEABASS SICILIANA						✓							✓	
SEABASS LIMONE						✓	✓						✓	
POLLO MILANESE		✓		✓		✓		✓		✓				
HERB POTATOES	VG													
ONION RINGS	✓	✓		✓		✓								
SIDE SALAD	VG								✓					

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DESSERTS														
TIRAMISU	✓	✓		✓		✓			?			?	✓	
CHOCOLATE BROWNIE	✓			✓		✓								
CHOCOLATE FUDGE CAKE	✓	?		✓		?			?					
STICKY TOFFEE PUDDING	✓	✓		✓		✓								
PROFITEROLES	✓	✓		✓		✓			?			?		
WHITE CHOCOLATE CHEESECAKE	✓	?		?		✓			?	?		✓		
KINDER BUENO CHEESECAKE	✓	✓				✓			✓			✓		
AEROMINT CHEESECAKE	✓					✓			?	?		?		
GALAXY CHEESECAKE	✓					✓						✓		
MARS CHEESECAKE	✓	✓		✓		✓			?	?				
POLENTA CAKE	✓			✓		✓			✓					
COCONUT BLUEBERRY CAKE	✓	✓		✓		✓								
PANNACOTTA	?					✓								
APPLE CRUMBLE	✓	✓				✓								
CHEESEBOARD	✓	✓		?		✓			?	?		✓	?	
RASP & WHITE CHOC BAKE	✓	✓		✓		✓				✓				
CRÈME BRULEE`	✓			✓		✓								
BLUEBERRY SLICE	✓	✓		✓		✓								
AEROMINT BROWNIE	✓	✓		✓		✓								



You can find the most up to date allergen menu on our website at :

www.portofinonewcastle.co.uk